

PELORUS COMMUNITY PRESCHOOL

NEWSLETTER—SEPTEMBER 2017



*Tena koutou, tena koutou,
Tena koutou katoa*



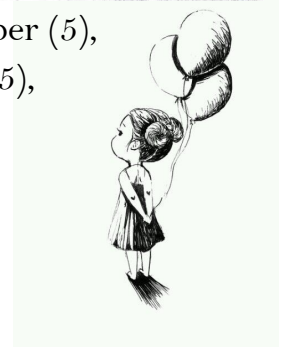
Welcome to our September newsletter. This month we welcome Isabella Peek & Aiden Bailey-Gatchell to the Pipi room and Javen Chin & Estella Giblin to the Paua room. We extend a warm welcome to your families also and are sure you will enjoy your time at our preschool.

h a p p y b i r t h d a y !



For September we would like to wish a very happy birthday to Emma Harper (5), Scarlett Morrison (3), Ayla Hiller (5), Meika O'Donnell (5), Aleera Powell (5), Taira Horton (4) and Stella Giblin (4).

We wish you all a very special day.



Oral Health Havelock

Community Oral Health Mobile Clinic is visiting again soon!

The Mobile Community Oral Health Clinic will soon be at Havelock School,

Monday 11th September-Friday 29th September

This clinic is open from 8am-5pm Monday-Friday.

The brightly decorated Mobile COHC houses two fully equipped clinics each staffed by a dental therapist and a dental assistant who are supported by modern x-ray, computer and sterilisation facilities on board.

The mobile clinic makes two visits a year to Havelock and you will be contacted by telephone to arrange an appointment for your child/children. If you would like to make or change your appointment or have recently shifted or changed phone numbers, Please ring **0800833849**.



fundraising

'fʌndˌreɪzɪŋ/

noun

1. the seeking of financial support for a charity, cause, or other enterprise.

“a new development direct in charge of fundraising”

adjective

1. seeking to generate financial support for a charity, cause, or other enterprise.

“a fundraising campaign”

The process of gathering voluntary contributions of time, money or other resources. It typically refers to efforts to gather money for non-profit organisations.

The fundraising account sits at \$30,134.81.

Stage 3 Playground Redevelopment

The sand pit looks GREAT! The children are thoroughly enjoying getting back in the sand and letting their creativity flow! The deck to the sandpit will be the next job along with planting the mound, then the mud kitchen and bike bridge. Things are starting to take shape nicely. Thank you to everyone who has helped out with the above, it's been a real team effort!

The **Comedy Night & Fundraising Auction** was a super night and exceeded Katrina's goal for the night!

The grand total raised was \$19,026.30!!

Thank you Katrina for your dedication, time and energy that you have given, we are extremely grateful for all that you do.

The fundraising account is looking super impressive right now.

There are not any plans set in concrete for it's use at this stage, apart from finishing Stage 3 of the Playground redevelopment.

UPCOMING EVENTS...

..it's all happening in November!!

KAITUNA RIDGES RAMBLE

25 NOVEMBER 2017

We will need volunteers to help on the food stall and various other areas.

HAVLEOCK BONFIRE NIGHT

AT NEWTON'S FARM

NOVEMBER—DATE TO BE ADVISED

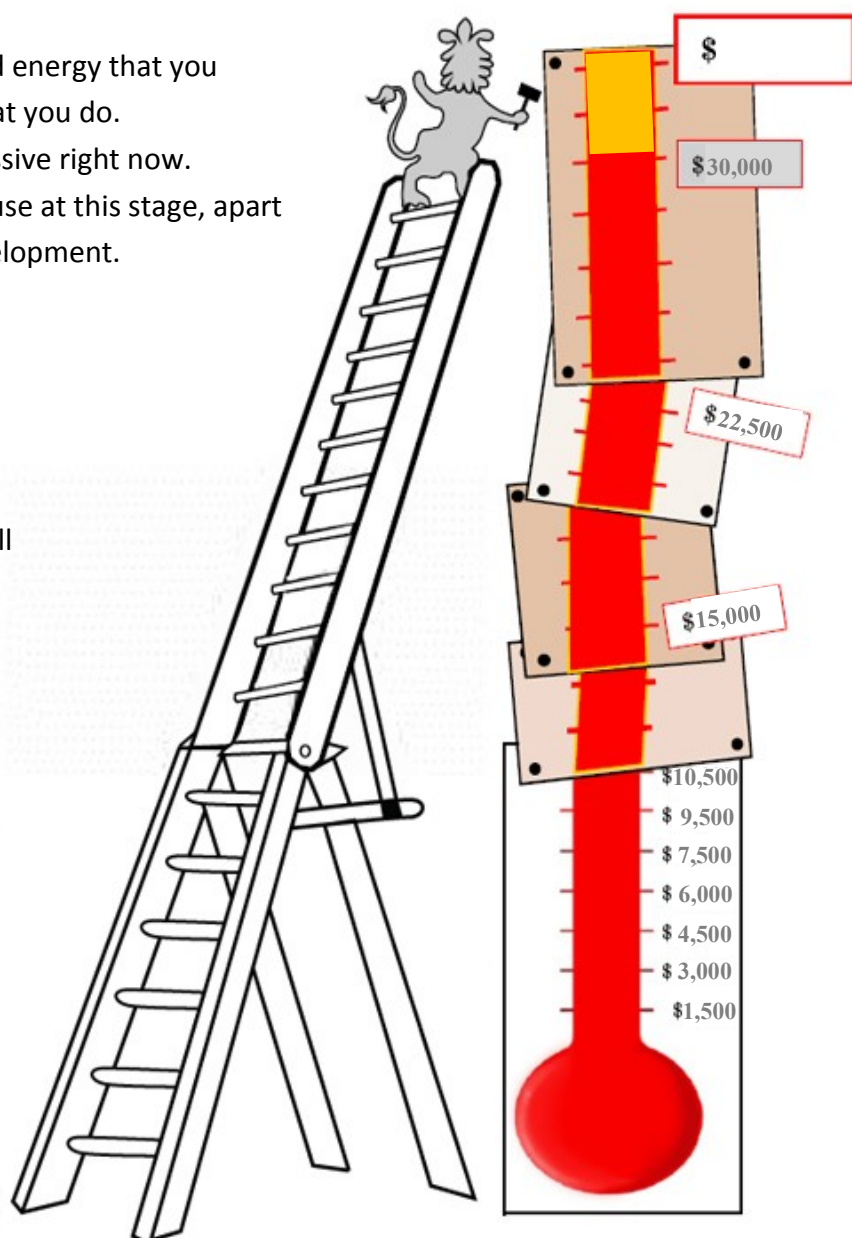
We will be holding a food stall and will need helpers to assist with serving.

PELORUS MAILBOAT COOKIES

NOVEMBER TO MARCH

We require bakers to bake cookies on a roster basis for this period. Recipes and cookie dimensions are already set, we just need you to bake and seal them!

Please talk to Leigh if you can help with any of the above.



Kia ora Whānau

Spring is definitely here, with the warmer weather and the beautiful daffodils popping up, and thank you all that dressed up for daffodil day last month and donated to the cause. It's shaping up to be a busy month, today we start off with our yummy father's day breakfast, thanks to all the Dad's who turned up. Then on the week of 11-17 September we have Te wiki o te reo Māori (Māori language week) and Keep NZ beautiful week, so we will be visiting some local areas to give them a clean-up with the tamariki. We have also been extremely lucky to have Sanford sponsor some safety vests for the children. They look fantastic and we look forward to the children being able to wear these when we are out and about in the community. Watch out for our little community explorers!

From the 4th of September Heather is back to work and I am no longer senior teacher, I have enjoyed this experience but am looking forward to spending more time on the floor with the children and less time doing paper work. So to celebrate this I'm taking a week off for a holiday from this Friday.

Paua Nui

The paua nui focus on "our bodies" is coming to an end shortly. During this focus the children have had a few visitors (Harold the Giraffe, Red cross and St John's) come in and talk to them about keeping themselves and others safe. The children have learnt about keeping safe and healthy through different activities and they have enjoyed the whole healthy food and healthy eating. So this is the next direction that the paua nui group are heading...gardening. With spring coming up we have the opportunity to get out into the garden and prepare the soil for planting yummy healthy kai. Miss Brown



Paua Iti Tahī

We are still carrying on with our construction topic as this is still a very strong interest among our children, with seeing it not only in our focus group times but throughout the day during free play also. The children have mainly been using lego, blocks and mobilo as their choice of materials so moving forward we will start to incorporate different materials/areas such as the 'hammer and nail' boards, magnetic shapes, the carpentry table and the sandpit. During our focus groups it has been great seeing the children negotiating, sharing ideas, turn taking and working both side by side but also together as a group when it comes to tidying up. I look forward to seeing many more awesome creations from our clever paua nui tahi tamariki. Megan



Paua Iti Rua

In Paua Iti Rua, we have had some new tamariki joining our group so we have been reflecting on what we have learnt already on colour mixing and primary colours. This has been great to see our tamariki remembering their knowledge of colour groups and assisting those who are still in the process of learning it. As we have been forming plenty of art pieces using paints and dyes, we are now furthering this by incorporating natural art pieces and craft materials to learn about the different dimensions the arts can entail. This will help our interest in the arts by learning about how to be creative and expressive in a variety of ways. Amber



Pipi

Kia ora koutou! Hereturikōkā is now drawing to a close...where has the month gone?? We've been so busy learning, developing and playing in the Pipi room that the time has just flown before our eyes. We've had a few new tamariki join us this month, so we've been busy making new acquaintances, and helping our new friends get used to both our environment and our daily routines. It's been an awesome month for friendships and social skills overall...many of ngā tamariki are showing a huge interest in interacting and learning with others, and it's awesome to see how caring and respectful they can all be, just as we LOVE to see the joy they all get from these shared experiences. There's nothing like wee gangs of giggling toddlers to brighten a winter's day! We've been spending loads of time outside recently, and we just cannot get enough of biking, balancing, climbing, and jumping. We've been doing lots of obstacle courses, which have been awesome at challenging our balance and coordination, and there's always a bike or 3 not too far away as well. We are soooo looking forward to the weather warming up (we're not so keen on cold hands) but we are just loving how much more sun there already is! Hei konā – Ange & Jessie





CREATIVE WAYS TO BOOST CALCIUM INTAKE



Calcium is essential for healthy bones and teeth. Children and young people require two to three servings of milk and milk products each day to meet their calcium requirements.

Here are some practical tips to help children get enough calcium.



- Make a [smoothie](#) with seasonal fruit, low or reduced-fat milk* and yoghurt. Use frozen banana for a creamy consistency.
- Use cottage cheese or natural yoghurt as a dip for snack time. Make a tasty [Tzatziki](#) and serve with fresh vegetable sticks.
- Freeze a yoghurt pottle for the lunchbox (it helps keep other food cold). Mix up the flavours each day to keep it interesting.
- Sprinkle reduced-fat cheese (e.g. Edam, reduced-fat Cheddar) on pasta dishes, homemade pizza or toasted [vegetable roll-ups](#).
- For children who do not tolerate dairy, choose calcium-enriched alternatives, e.g. fortified soy milk.
- Get creative with non-dairy sources of calcium including tofu, canned fish with bones (e.g. sardines), tahini, legumes, wholegrain bread and broccoli or other leafy greens.

*Whole milk (dark blue top) is recommended for children aged 1-2 years.

For more recipes, visit fuelled4life.org.nz



Vision and Hearing tests are taking place on Friday 29 September 9.30am in the Have-lock School Library. This test forms part of the B4 school check. You will be notified if your child is due to be checked. Parents do not need to attend with their child, however, you can if you wish.



Children are required to wear a hat during the months of October to March. T-shirts must be worn under shoe string strap dresses.

Sun hats and protective clothing are to be supplied for each child by the parent/caregiver/whanau.

If a child refuses to wear a sun smart hat whilst outside they are to remain inside in the shade.

Parents are expected to apply sunscreen to a child prior to starting their preschool session. For full time children sunscreen will be applied prior to morning mat time and their hand will be stamped to confirm this has been done.

Parents are welcome to supply their own sunscreen for their child if they do not wish for them to have the PCP supplied sunscreen used on their child.

Parents are asked for permission for the staff to apply sunscreen on their child on the enrolment form.

The preschool will make use of natural and artificial shade areas available for activities during the time the sun's rays are most harmful.